



OUR LADY OF MOUNT CARMEL BASILICA



Our Lady of Mt. Carmel - St. Anthony of Padua Parish
343 Via Mt. Carmel • Youngstown, Ohio 44505



Pastor:

Rev. Msgr. Michael Cariglio.....Ext. 103

Church Phones:

Office & Rectory.....(330) 743-4144
Religious Education743-3508
Church Hall743-7740
Lower Church Hall.....Ext. 114
Fax743-1035

Church Secretaries:.....743-4144

OfficeExt. 100
Mrs. Marie Ronyak.....Ext. 101
Ms. Barbara McOwen.....Ext. 141
Mrs. Cathy ZackExt. 100

Office Hours: Mon. thru Fri. .. 8:30 a.m. - 3:00 p.m.

Permanent Deacons:743-4144

Mr. Anthony Palasca, JrExt. 142
Mr. Mark Izzo..... 330-533-1857

Director of Music:.....743-4144

Mr. Craig Ziobert.....(330) 770-6504

Director of Religious Education:

Mrs. Therese Ivanisin..... Ext. 121
olmcTherese@gmail.com or 330-743-3508
Youth Ministry Coordinator, Melissa Varso. Ext. 122
olmcMelissa@gmail.com

Church Caterer:.....743-7740

Mr. Louis Fusillo..... Ext. 131
or 759-4010 (H)

Parish Council Chairperson:743-4144

Mr. Louis Fusillo..... Ext. 143

Business Manager/Accountant:

Mr. John Didek, Jr..... Ext. 100

Sunday Masses:

Saturday Evening.....5:00 p.m.
Sunday.....9:00 a.m., 11:00 a.m.

Weekday Mass:Daily at 12:00 noon

Baptisms: Saturday after the 5:00 p.m. Mass
and Sunday after the 11:00 a.m. Mass.

Sacrament of Penance: Saturday 11:00 - 11:30 a.m.
or by personal request.

Weddings: Please schedule marriage at least 6 months
in advance.

E-mail: olmc343@aol.com

Website: www.ladymtcarmel.com

MASSES FOR THE WEEK

Sat., Feb. 29:
 12:00 p.m. David Weikart by Our Lady of Mt. Carmel Senior Citizens
 5:00 p.m. Carella & Carvella Families by Ralph & Melissa Carella

Sun., March 1: *First Sunday of Lent*
 9:00 a.m. Bereavement Mass
 11:00 a.m. Antonio, Fred & Fran Silvestri by Lisa & Tony

Mon. March 2:
 12:00 noon Mary Ann Ricciuti (Living) (B) by Barbara Sarko

Tues., March 3: *St. Katharine Drexel*
 12:00 noon Rosemary Kluth by Family

Weds., March 4: *St. Casimir*
 11:30 a.m. *Stations*
 12:00 noon Violetta Lettiri by Cousin Clara Foti

Thurs. March 5:
 12:00 noon Leo Panozzo (Living) by Grandmother

Friday, March 6: *First Friday—Abstinence*
 12:00 noon Daniel Mastropietro (A) by Daughter, Cathy

7:00 p.m. **Stations of the Cross**

Sat., March 7: *First Saturday – Sts. Perpetua and Felicity*
 12:00 p.m. Special Intention
 5:00 p.m. Susan E. Brozman (A) by Diane Struble & Family

Sun., March 8: *Second Sunday of Lent*
 9:00 a.m. Rose Marie Mezzapeso by John Spagnola
 11:00 a.m. Antoinette Calcagni by Husband, Gene



Sunday, February 23 (260 envelopes)	\$7,805.29
St. Anthony Shrine/Novena	\$ 231.00
St. Vincent DePaul (February)	\$ 957.00

At that time Jesus was led by the Spirit into the desert to be tempted by the devil.



**WEEKEND ASSIGNMENTS (March 7-8)
Extraordinary Ministers of the Eucharist**

5:00 p.m. Deacon Anthony Falasca, Jr., Fran Klanica, Joseph Caruso, Jr.
 9:00 a.m. Dominic Tedde, James Harrison, Nannette Jacobs
 11:00 a.m. Deacon Anthony Falasca, Jr., Elizabeth Medovich, Patty Dawson, Chelsey Santucci

Lectors

5:00 p.m. Christine Piccirillo
 9:00 a.m. Scott Schulick
 11:00 a.m. Alfred DeChurch

Altar Servers

5:00 p.m. TBA
 9:00 a.m. TBA
 11:00 a.m. TBA

AN INVITATION

Yes, I will spend ONE HOUR WEEKLY with *Jesus*, present in **THE MOST BLESSED SACRAMENT.**

Please check the time you prefer:

- MORNING (6:00 a.m. to noon)
- AFTERNOON (12:00 p.m. to 6:00 p.m.)
- EVENING (6:00 p.m. to Midnight)
- NIGHT (Midnight to 6:00 a.m.)



NAME _____

PHONE _____

Yes, I would like to *promote* this most important prayer Apostolate

**Cut & drop in collection basket or mail to:
Our Lady of Mount Carmel Basilica**

Call Maria Panozzo at 330-372-5141 or Jean at 330-758-3335 to schedule your time to be with Jesus. Come! Spend one hour per week with Jesus in Adoration, Praise and Thanksgiving for his many graces.

Hours needed:

Saturday 8:00 p.m. - 10 p.m.
 Monday 9 a.m. – 10 a.m.
 Tuesday 9 p.m. – 10 p.m.
 Sunday 2 p.m. – 3 p.m., 3 a.m. – 4 a.m. & 4 a.m. – 5 a.m.
 Thursday 7 p.m. – 8 p.m. Friday – 3 p.m. – 4 p.m.
 Saturday 8 p.m. – 10 p.m., 9 p.m. – 10 p.m.

PRAY FOR THE SICK

The families of the following parishioners have requested that we remember them in prayer: Martha Aliberti, Regina Altiero, Melinda Amon, Genevieve Angelides, Peter Angelides, Sandy Battaglia, Nick Benedis, Madelyn Brudis, Tina Bury, Zayne Bryce, Eugene Calcagni, Isabelle Corradi, Jeanni Pesa, Carmen, Kim Bowser, Marko Calko, Dominic Calko, Lori Capone, Michael (Cal) Calipare, Carl J. Carbon, Roseann Cencia, Joseph Cencia, Bethany Maytas, Anthony, Cathy Chimento, Joseph Chimento, Stephanie Chimento, Christopher Centofanti, Damian Chordas, Joseph R.Cioffi, Mary Rose Colucci, Johnny D., Ed Derek, Joanne Desko, Michelina DiVito, Greg Diorio, Grace Ducay, Angela Elmo, JoAnn Elmo, Roberta Elmo, Dolores Elston, Deacon Anthony Falasca, Jason, Monroe, Mara Frease, Ilona Gerson, Sebastian Green, Margie, Joseph Haus, Baby Henry, John, Reese, Lisa, Joshua, David, Carl Jr., Louise Faustino, Kaylee, JoAnn George, Emily Gerome, Rose Giampetro, Donald "Duke" Girardi, Dominic Greco, Josie Greco, Jennifer Greco, Michael & Carol Gromada, Claudia Hernandez, Sean Holden, Gail Hubbert, George Iati, Loretta Julian, Mark Julian, Peter Julian, Kerri, Glory & Family, Jeff Knorr, Dennis Kopnisky, Jackie Golden, Gerard Kopnisky, Hillary, William & Melinda Kopnisky, Agnes Kowis, Rocco Kovacs, Francine Kraiosky, John Kuzman, Jr., Leann P., Lenny & Cheryl, Lavonne, Lucille, Linda Maiorana, Baby Dominic Malachi, Bill Marcavish, Missy Marrie, John Mascardine, Eileen Mattiussi, Jennifer McCon, Paul and Greg Medina, Jean Medina, Livia Marinelli, Ellen Monroe, Francisco Rivera-Ocasio, George Panno, Beverly Poidmore Pariza, Mary Pesa, Ronald Pesa, Phil Pillin, Sr. Brielle, Vincent, Paul III, Giovanna Pace, Isabel Pupino, Joseph Pizzola, Nicholas Poccia, Barbara Poghen, Charles Richards, Joseph Richards, Joseph Ridel, Chris Ritter, Rose Ruggieri, Marti Runyan, Mark Roberts, Ben Russo, Millie Santangelo, Carmel Scocca, Ellie Sullenberger, Chris Sultan, Helen Trimboli, Betty & Dennis VanSuch, Greg VanSuch, Rita Varacali, Jodi Walters, Kathleen Wienand, Anna Mae Williams, Lilah Dovie, Todd Zamary, Skevos Zimbillas, **Mary, help of the sick, pray for us!**—please let us know when person is well.

Prayer Petitions

It is in spirit of love, care, and support for one another that we invite you to place your prayer petitions into the Petition Box. The box and blank petition slips are available to you in the vestibule before each weekend Mass. The petitions are remembered during the Prayer of the Faithful and are brought forward during the Offertory Procession and placed at the foot of the Cross. At the conclusion of the Sunday Masses, the petitions are brought to the Little Flower Eucharistic Chapel where, throughout the week, members of the Apostolate for Perpetual Adoration unite their prayers with yours in the presence to our Eucharistic Lord. Let us unite our prayers with one another as we follow St. Paul's instruction to "pray without ceasing" and support one another through mutual prayer, solidarity, and love.

REGISTRATION: Members of the parish must be formally registered. If you are not receiving Our Lady of Mount Carmel envelopes, this means you are not registered. Call the rectory at 330-743-4144, Monday-Friday, 9 a.m.—3 p.m. And we will send you a registration form. **Families who have members of our church staying with them who are shut-ins or who are in nursing homes should include them as members of their household. For a change of address or telephone number, please call the rectory as soon as possible. Thank you.**



The Week Ahead

Monday, March 2:
7:00 p.m. Baptism Prep/St. JP II Ctr.

Wednesday, March 4:
11:00 a.m. Stations of the Cross
7:00 p.m.—8:30 p.m. Scripture Study/St. JP II Ctr.
7:00 p.m. Vestibule Club Meeting/SJH

Thursday, March 5:
10:00 a.m. Legion of Mary/St. JP II Ctr.
7:00 p.m. Knights of Columbus /SJH

Friday, March 6:
7:00 p.m. Stations of the Cross

Sunday, March 8:
11:00 a.m.—4:00 p.m. OLMC Spaghetti Dinner/SH

ST. ANTHONY LIGHT: March 1-7
In memory of ROSE DELSIGNORE by Daughter, Angela & Bill

BLESSED SACRAMENT LIGHT: March 1-7
In memory of DAVE WEIKART by Dave & Sandi Greco

SANCTUARY LIGHT: March 1-7
In memory of WILLIAM SANTANGELO by Vestibule Club

SACRED HEART LIGHT: March 1-7
In memory of WILLIAM SANTANGELO by Senior Citizens of Our Lady of Mt. Carmel Basilica

ETERNAL FLAME: Sunday, March 1
In memory of RALPH VILLANO by Parish Family

ETERNAL FLAME: Monday, March 2
In memory of JIM TALLEY by Adorers

Father Dennis Veltri of the Diocese of Erie has been in residence here at Our Lady of Mt. Carmel in recent years. His residence here has been with the approval of both the Bishop of Erie and with Bishop Murry in order to address some personal health issues. Now in very good health Bishop Persico of Erie has assigned him to St. Mark Center in Erie as he returns for priestly ministry in the Diocese of Erie. I am grateful for all the support and help he has given for the spiritual good of the parish family. I am grateful for the sense of welcome you have given him. I have asked him to remember us in his prayers, and may we also remember Father Denny in prayer. God's choicest blessings for Father Denny. His new address is:

St. Mark Catholic Center
429 E. Grandview Blvd.
Erie, PA 16504
Msgr. Michael J. Cariglio

Corporal Works of Mercy

Feed the hungry
Give drink to the thirsty
Clothe the naked
Shelter the homeless
Visit the imprisoned
Visit the sick
Bury the dead

Spiritual Works of Mercy

Instruct the ignorant
Counsel the doubtful
Admonish the sinner
Bear wrongs patiently
Forgive offenses willingly
Comfort the sorrowful
Pray for the living & dead



Birthdays for the week of March 1-7

Anthony Casacchia, Joseph DeTunno, Marcella Rossi, Josephine Testa, Joyce Zarlenga, Nicholas Benedis, Robert Bruno, James DiCioccio, Concetta Frattaroli, Cecilia George, Sarah Grahovac, James Harrison, Frank Mezzapeso, Brenda Patrone, Benjamin Wagner, Isabelle Corradi, Anthony Donnadio, Sheila Donnadio, Anthony Forde, Michael Livi, Alexis Mackie, Carolyn Matey, Mara McCloud, Joyce Ballaboon, Joseph Martin, Luke Pipala, John Casciano, Anthony Colaizzi, Theresa C. DeToro, Ruth Tarr, Theresa Calko, Catherine Campana, Mary Farinelli, Anthony Forde, Michael Fusillo, Eugene Grupp, Stefania Kopczak, Jennifer Marsco, Michael Misel, Lenore Patrone, Mary Ricciuti, Jamie Riley, Lorin Olivia Sam.

INTERCESSION FOR VOCATIONS:

That Prayer, penance and almsgiving will dispose more men and women to follow the Holy Spirit as He leads them to discover their vocations in Christ, **We pray to the Lord. Lord hear our prayer.**

STEWARDSHIP THOUGHTS:

"It is written: The Lord, you God, shall you worship and him alone shall you serve." Matthew 4:10

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

The devil offers us many temptations in this world to close off God. When we focus on the worldly our eyes cannot focus on the way of God and his vocation for us. With your eyes open to the way of Christ are you considering a vocation to the priesthood, diaconate or consecrated life? If so, call Father Scott Kopp at 330-744-8451 or email: skopp@youngstowndiocese.org.

St. Anthony Shrine and Novena

\$30.00 GIFT

Mr. and Mrs. Matthew Shaw

\$25.00 GIFT

SPECIAL INTENTION by Adorer

\$20.00 GIFT

In memory of DAD, MOM & ANTHONY PALLANTE, Son, by Tina

In loving memory of MARY ANN PELLEGRINI by Cleto Peter and Phyllis Chila

Ms. Helen Furnish

Mrs. Robert A. Pernotto

\$15.00 GIFT

Mr. and Mrs. John Kuzman, Jr.

\$10.00 GIFT

Mr. and Mrs. Alfred A. DeChurch

Ms. Joanne M. Diana

Mr. & Mrs. William D. DiFrangia

Mr. and Mrs. Ronald G. DiBacco

Mrs. Rose Marie Matasic

2020 Annual Bishop's Appeal

Our parish goal of **100% participating** is a goal we are working hard to attain. There are three ways in which you can participate" **PRAY** for the success of the Annual Bishop's Appeal; **DONATE** to the Appeal; submit a completed response card as all responses will count towards our parish participation goal; **VOLUNTEER** your time and talents to any of the ministries of the Church. Please submit a completed response card or pew envelope as all responses count towards our parish participation goal. Thank you in advance for your response.

The Bereavement Committee of Our Lady of Mt. Carmel Basilica has invited families and friends to the following recently deceased members of the parish to a special Mass and light breakfast on Sunday, **March 1, 2020 at 8:00 a.m.**

Geraldine Sherwood, Mary F. Guerrieri, Stephen L. Buranich, Walter E. Good, Josephine Pallotta, Angelo A. Pangio, Carolyn DeAscentis, Augustine J. Chimento, Carmine A. Petrillo, Eleanor Tauro, Thomas R. Pallante, William A. Santangelo, Sr., David W. Weikart, Peter P. Chila, George Kalapos, Carmela R. Guy, Ralph Villano.

Be merciful, O Lord,
for we have sinned.





CRAIG'S CORNER

A Note

from our Music Director

During the Eucharistic Prayer of Mass, after the celebrant elevates the host and chalice, he decrees: "the mystery of faith." At this point, we as a congregation reply with one of three responses. The one we will be singing on Sundays during Lent acclaim, "Save us, Savior of the world, for by your Cross and Resurrection you have set us free." During Lent we prepare ourselves to celebrate the saving acts of Christ's Cross and Resurrection by fasting, prayer, and works of charity. Just as we prepare ourselves for Holy Week and Easter, we hear this weekend how Jesus was tempted by the devil and fasted forty days to prepare for his public ministry. We hear about the need for forgiveness because of Original Sin of Adam and Eve in the first reading; in the second reading, we are reminded that because of this sin, Jesus came to save us.

Our hymns this weekend directly state how we need to open our hearts to this fasting, just as Jesus fasted in the desert. As I stated last week, the music shouldn't make us sad, but instead should instill a longing and a sense of penance within us. Take the words of the hymns and psalms to heart. Our opening hymn states, "teach us to discipline our wills and follow, Lord, your way," while our offertory hymn acclaim, "keep, o keep us, Savior dear, ever constant by your side: that with you we may appear at the eternal Easter-tide." There is nothing sad about these texts; rather, they instill in us a deeper prayer to better our lives.

The Psalms used in Mass reinforce the other Scripture readings of the day, and can be a point of increased study and reflection. Psalms can be also used during other points in Mass, such as the opening antiphon or at communion. While the Gregorian Chants and hymns we use in Catholic Liturgy are wonderful commentaries on the day's readings, the Psalms have something extra special that can often be overlooked – Jesus himself prayed and sang these same psalms! His last words on the cross in Matthew's Gospel - which will come in this year's A cycle readings of Palm Sunday - are a direct quotation from Psalm 22: "My God, My God, why have You forsaken me?"

So in your extra reflections during this season of Lent, like Jesus did, pray some of the Psalms. A great Psalm for the Lenten Season (used both on Ash Wednesday and at today's Mass of the First Sunday of Lent) is Psalm 51: the Psalm of the Repentant Sinner. This Psalm is also the text of this weekend's postlude, the German chorale "Erbarm dich mein, o Herre Gott" – Have Mercy upon me, O Lord God. Each weekend when we pray the Memorial Acclamation asking our Savior to save us by His cross and resurrection, and as we sing our Lenten hymns, let us, even more than ever, be attentive to their words and what we are all about during these forty days: increased reverence and prayer.

Instrumental Music Selection for February 29 – March 1: First Sunday of Lent

Postlude: Erbarm dich mein, o Herre Gott, BWV 721 – J.S. Bach
("Have Mercy upon me, O Lord God" – Psalm 51)

DAILY MORNING OFFERING PRAYER

Jesus, through the Immaculate Heart of Mary. I offer you my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month.

Prayer Intentions for March.

Catholics in China. We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

LENT

Stations of the Cross

11:30 a.m. Every Wednesday of Lent

7:00 p.m. Every Friday of Lent

Fasting and Abstinence

Fasting means eating a lesser amount of food. Catholics 18 and not 60 years of age must fast. The days on which we must fast are Ash Wednesday and Good Friday. Days of abstinence are days on which we do not eat any meal at all. Dairy products, fish and seafood are allowed. All Catholics over the age of 14 must abstain. The days of obligatory abstinence are Ash Wednesday and all Fridays of Lent. On Ash Wednesday and Good Friday, both the laws of fasting and abstinence apply and no meat may be eaten.

IT'S BOCCE TIME AGAIN



The Knights of Columbus, Immacolata Council #15086 will be organizing our parish summer bocce league again this year. The past few years have been a great success and there are calls for us to play bocce again. All games are played at our bocce courts located down the stairs behind the out-door Stations of The Cross at Our Lady of Mt. Carmel Basilica. This is a family friendly bocce league, all are welcome to enter a team. There are rules to the game, but the main rule is to have fun and enjoy each other's company. The Knights also wish to bring our Parish Family together and promote our Italian culture. Anyone interested in enjoying some family fun on the bocce courts please contact Scott Schulick at 330-727-8507, Bob Giampietro or Sam Accordino at 330-518-1962. The deadline for entering a team is Saturday,

REMEMBER US LAST:

When you are preparing your will and estate plan remember those closest to you...spouse, family members and loved ones. Then remember Our Lady of Mount Carmel Basilica with a residual gift that defines your Legacy of Faith as a member of our parish community. Please call 330-744-8451, ext. 325 for

Sponsor of the Week

Yurchyk & Davis CPAs, Inc.

330-533-5000

Sharon M. Carbon CPA, ext. 317

Lisa L. Pupino CPA, ext. 308

www.ydcpa.com



The answer to the question in last week's bulletin, "name one person that you may know who was ordained in St. Peter's Cathedral under the Altar of the

Chair of St. Peter in Rome, Italy. One answer, our very own Monsignor Michael J. Cariglio, Jr. December 1970

Communal Penance with Narrative Stations

April 3, 2020

An evening of personal reflection, "God gave His only Son for you and I."

A Communal

Penance Service will follow at Our Lady of Mt. Carmel Basilica, Youngstown.

All are welcome. Time: 7:00pm



Practice dates and times are listed below

March 1st during *The Light of Faith and Family.*

March 8th & 15th
Classroom 10:15am—11:45am

March 29th

Final practice 10:15am –11:45am classroom.

Lunch 12-12:30pm. Practice in church 12:30pm-:30pm

April 3rd: 4:30pm—6:00pm dinner provided

Contact Information for Faith Formation

330-743-3508 www.olmcsta.com FAX: 330-743-1035 (Out of the office on Monday)

Director: Therese M. Ivanisin / Mrs. I
OLMCTherese@gmail.com ext 121

Coordinator of Youth Ministry: Melissa Varso
OLMCMelissa@gmail.com ext 122

Youth Ministry Team:
Nick Capone & Bobby Mangiarelli

The LIGHT of FAITH and FAMILY
Sunday, March 1, 2020



Speaker:
Dr. Ray Guarendi

Topic
My Journey Back to Church

Sunday, March 22nd is the last gathering before Easter. Msgr. Cariglio will be our speaker. Each class will present, "What We Learned this Year" for everyone.

Sunday, March 29th is the Easter Egg Hunt beginning at 10:15am. Grades 1 yr to 6th grade. Bring you basket!

Friday, April 3rd is the Narrative Stations by the 7th & 8th grade class followed by a Communal Penance Service.

Thursday, April 9th is Holy Thursday. Parish Pot Luck Supper followed by Mass.

Friday, April 10th is Good Friday Service followed by the Youth Ministry Burial Procession of Christ.

Communion Preparation Retreat Saturday, March 14, 2020

We will meet in the John Paul II Center: 930am to 11:30am. Complete chapters 1 –4. Don't forget to bring your book. Banner kits will be distributed.



Harriet's Cupboard

"Harriet's Cupboard is a program of Catholic Charities. The purpose of this service is to establish a collection of hygiene items, paper products and cleaning supplies for people in need throughout our diocese."

Our Youth Ministry will be collecting items the weekends of March 21st / 22nd and March 28th / 29th.

Blue bins will be located in the vestibules of Our Lady of Mt. Carmel Basilica ~St. Anthony of Padua Parish. Thank you for your support and generosity!



Traced on our foreheads with Ashes from the burned palms from last year....
"Remember, that you are dust, and unto dust you shall return." or
"Turn away from sin and be faithful to the Gospel."



Good News

INSPIRATION FOR DAILY LIFE

1st Sunday of Lent

Genesis 2:7-9; 3:1-7
Ps 51:3-6,12-13,17
Romans 5:12-19
Matthew 4:1-11

Monday March 2

Leviticus 19:1-2,11-18
Ps 19:8-10,15
Matthew 25:31-46

Tuesday March 3

Isaiah 55:10-11
Ps 34:4-7,16-19
Matthew 6:7-15

Wednesday March 4

Jonah 3:1-10
Ps 51:3-4,12-13,18-19
Luke 11:29-32

Thursday March 5

Esther C:12,14-16,23-25
Ps 138:1-3,7-8
Matthew 7:7-12

Friday March 6

Ezekiel 18:21-28
Ps 130:1-8
Matthew 5:20-26

Saturday March 7

Deuteronomy 26:16-19
Ps 119:1-2,4-5,7-8
Matthew 5:43-48

How do you deal with temptation? That's the personal challenge given to us by the Word of God on the first Sunday of Lent. And so we begin our journey with Jesus, traveling to the holiest place we can reach at this point in our lives.

This Lent is like no other. Last year, you had different needs, different areas of growth, different levels of insight and understanding. Much has happened since then, and all of it is a preparation for what the Lord is going to do in your life right now.

What victory do you need? What needs to be resurrected? To get there, Jesus will lead you through the cross of penance and self-denial, into his tomb, and out into God's light where his love provides healing and new life.

During Lent – and every time we make sacrifices and connect our sufferings to the Passion of Christ – we follow Jesus to the cross and to resurrection. This involves seeing our own crosses in a new light, for the Calvary Road is the only way to reach the victories that we yearn to experience.

If we want Easter to be more than just a holiday of colored eggs, chocolate bunnies and big dinners, we have to make Lent more than just 40 days of enduring an annoying, obligatory sacrifice, eating meatless pizza on



Fridays, and going to an occasional extra event at church.

If we want to experience the power of resurrection, we have to experience the power of mourning and repenting from our sinfulness. In other words, we have to experience the powerlessness of death – the death of our selfishness, the death of our worldliness, the death of our behaviors that

are not like Christ's.

Reflect & Discuss:

1. In the story from Genesis, what did Adam and Eve need to die to (let go of, put aside, or reject) in order to resist the Original Sin? Why didn't they?
2. In the reading from Romans, we hear about the abundant grace and the gift of justification that Jesus provided to each of us when he died on the cross. How does this grace and justification give us life? In other words, how does God help us to resist sin?
3. Looking at the Gospel passage, what did Jesus have to die to in the desert so that he could say no to temptation?

Lenten Activity:

What can you do this week to die to self? For example, think of a good deed you can do that's the opposite of what your selfishness wants you to do.

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