

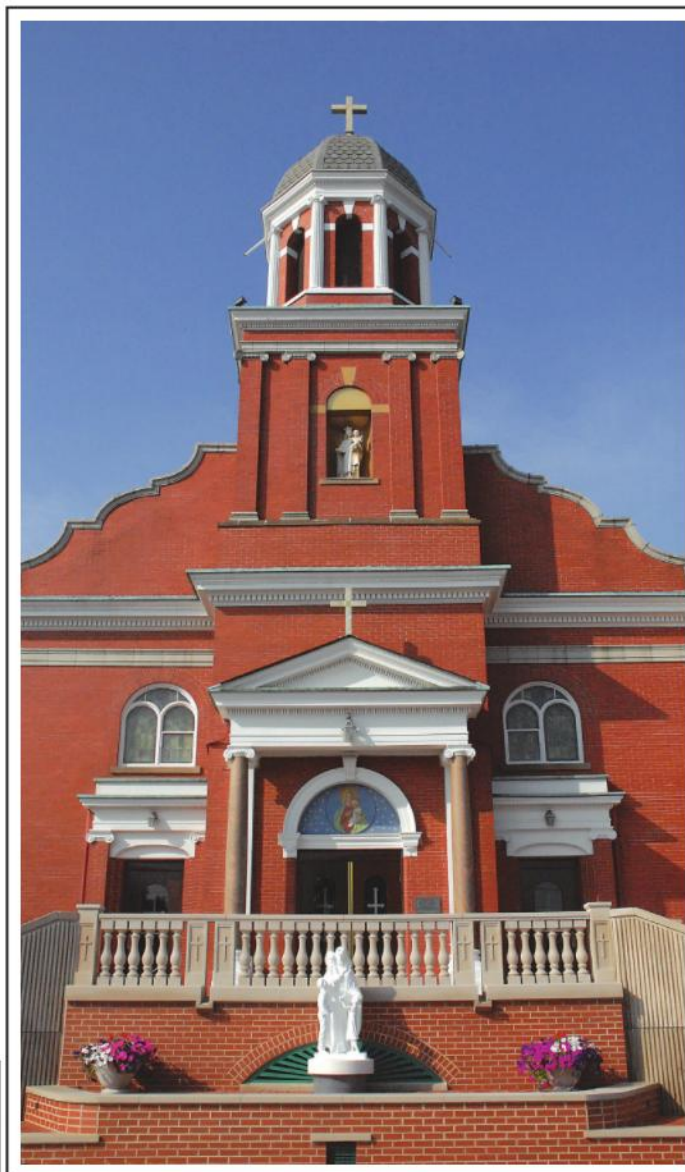
# 16TH SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things.

Mk 6:34

## OUR LADY OF MOUNT CARMEL BASILICA

Our Lady of Mt. Carmel - St. Anthony of Padua Parish  
343 Via Mt. Carmel • Youngstown, Ohio 44505



**Pastor:**

Rev. Msgr. Michael Cariglio.....Ext. 103

**Church Phones:**

Office & Rectory.....(330) 743-4144  
Religious Education .....743-3508  
Church Hall .....743-7740  
Lower Church Hall.....Ext. 114  
Fax .....743-1035

**Church Secretaries:**.....743-4144

Office .....Ext. 100  
Mrs. Marie Ronyak.....Ext. 101  
Ms. Barbara McOwen.....Ext. 141  
Mrs. Cathy Zack .....Ext. 100

**Office Hours:** Mon. thru Fri. .. 8:30 a.m. - 3:00 p.m.

**Permanent Deacons:**.....743-4144

Mr. Anthony Palasca, Jr .....Ext. 142  
Mr. Mark Izzo..... 330-533-1857

**Director of Music:**.....743-4144

Mr. Craig Ziobert.....(330) 770-6504

**Director of Religious Education:**

Mrs. Therese Ivanisin..... Ext. 121  
olmcTherese@gmail.com or 330-743-3508  
Youth Ministry Coordinator, Melissa Varso. Ext. 122  
olmcMelissa@gmail.com

**Church Caterer:**.....743-7740

Mr. Louis Fusillo..... Ext. 131  
or 759-4010 (H)

**Parish Council Chairperson:**.....743-4144

Mr. Louis Fusillo..... Ext. 143

**Business Manager/Accountant:**

Mr. John Didek, Jr..... Ext. 100

**Sunday Masses:**

Saturday Evening.....5:00 p.m.  
Sunday.....9:00 a.m., 11:00 a.m.

**Weekday Mass:** .....Daily at 12:00 noon

**Baptisms:** Saturday after the 5:00 p.m. Mass  
and Sunday after the 11:00 a.m. Mass.

**Sacrament of Penance:** Saturday 11:00 - 11:30 a.m.  
or by personal request.

**Weddings:** Please schedule marriage at least 6 months  
in advance.

**E-mail:** olmc343@aol.com

**Website:** www.OLMCSTA.com



*Masses  
For The Week*

**Sat., July 17:**  
12:00 noon Special Intention  
5:00 p.m. Grace F. & James A. Orlando by Family

**Sun., July 18:**  
9:00 a.m. *Sixteenth Sunday in Ordinary Time*  
Lt. Col. Anthony Yannarella and Son,  
Mark by Niki Bleacher  
11:00 a.m. James Tauro by Children and  
Grandchildren

**Mon. July 19:**  
12:00 noon Deceased members of Izzo & DeSimone  
Family by Deacon Mark & Susan Izzo

**Tues., July 20:**  
12:00 noon *St. Apollinaris*  
James Talley by Mary Ann Ricciuti

**Weds., July 21:**  
12:00 noon *St. Lawrence of Brindisi*  
Jackie Olsavsky (A) by Ziobert Family

**Thurs., July 22:**  
12:00 noon *St. Mary Magdalene*  
James Mitolo (A) by Grandson, Chelsey  
Santucci

**Fri., July 23:**  
12:00 noon *St. Bridget*  
Mr. & Mrs. Charles Spagnola, Sr. by  
Anita Spagnola

**Sat., July 24:**  
12:00 noon *St. Sharbel Makbluf*  
Diana Shimek (A) by Sister, Barbara  
Josephine Pallotta  
5:00 p.m. by Mr. & Mrs. James Tomaino

**Sun., July 25:**  
9:00 a.m. *Seventeenth Sunday in Ordinary Time*  
Bill Elmo by Elmo Family  
11:00 a.m. Thomas and Betty Amicone by Son,  
John and Carol Amicone

**WEEKEND ASSIGNMENTS—July 24/25  
Ordinary-Extraordinary Ministers of the Eucharist**

5:00 p.m. Deacon Mark Izzo  
9:00 a.m. Ramona DiShiavo  
11:00 a.m. Deacon Anthony Falasca Jr., Phillip Pillin Jr.

LECTORS

5:00 p.m. Atty. Matthew Giannini  
9:00 a.m. Michele Berardi  
11:00 a.m. Candice LaRocca

ALTAR SERVERS

5:00 p.m. Anthony Micco, Alex Micco  
9:00 a.m. Adrianna Marsco, Luciano Marsco  
11:00 a.m. Scott Cross, Gabriella Weese, Jake Wrataric

**Friday The Day Christ died for us**

**Every Friday the Basilica will broadcast for the  
homebound the following spiritual exercises on  
Face Book:**

12 noon Daily Mass  
3:00 p.m.. The Hour of Divine Mercy with  
The Chaplet of Divine Mercy and Benediction



*Parish Support*

July 11 (261 envelopes) \$9,004.00  
St. Anthony Shrine \$ 395.00

Grazie!!

**Reading for July 18, 2021**

**Sunday Sixteenth Sunday in Ordinary Time**  
Jer 23:1-6; Ps 23:1-3, 3-4, 5, 6; Eph 2:13  
-18; Mk 6:30-34

Jesus our shepherd, nourishes and strengthens us, guiding us in right paths. He is the righteous shoot of David, the peace between Jews and Gentiles, between God and all humanity.



**The Hour  
for the whole  
World!**

"At three o'clock, implore My mercy, especially for poor sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion..." (Diary, 1320)

**3 p.m.  
of Mercy**

**Of the Most Blessed Sacrament.  
Basilica is open for in person worship during  
the above times. Welcome!**

## SIXTEENTH SUNDAY IN ORDINARY TIME



Earl Ducay, Martha Aliberti, Regina Altiero, Melinda Amon, Peter Angelides, Karen Banic, Fred Batcha, Sandy Battaglia, John Beene, Madelyn Brudis, Zayne Bryce, Isabelle Corradi, Kim Bowser, Marko Calko, Dominic Calko, Janice Marinelli Campbell, Lori Capone, Michael (Cal) Calipare, Carl J. Carbon, Roseann Cencia, Joseph Cencia, Anthony, Cathy Chimento, Joseph Chimento, Stephanie Chimento, Christopher Centofanti, Damian Chordas, Joseph R. Cioffi, Mary Rose Colucci, Johnny D., Ed Derek, John Didek, Anna DeLuco, Michelina DiVito, Greg Diorio, Grace Ducay, Roberta Elmo, Dolores Elston, Deacon Anthony Falasca, Gina Fecko, Jason, Monroe, Mara Frease, Sebastian Green, Margie, Joseph Haus, John, Reese, Lisa, Joshua, David, Carl Jr., Kaylee, JoAnn George, Emily Gerome, Rose Giampetro, Donald "Duke" Girardi, Dante Greco, Dominic Greco, Josie Greco, Jennifer Greco, Michael & Carol Gromada, Claudia Hernandez, Gail Hubbert, George Iati, Loretta Julian, Mark Julian, Peter Julian, Kerri, Glory & Family, Jeff Knorr, Jackie Golden, Gerard Kopnisky, Hillary, William & Melinda Kopnisky, Agnes Kowis, Rocco Kovacs, Cheryl Maniccia, Allan Maniccia, Bill Marcavish, John Mascardine, Jennifer McCon, Paul and Greg Medina, Jean Medina, Livia Marinelli, Ellen Monroe, George Panno, Beverly Poidmore Pariza, Mary Pesa, Ronald Pesa, Phil Pillin, Ron Pondillo, Sr., Brielle, Vincent, Paul III, Giovanna Pace, Isabel Pupino, Joseph Pizzola, Lucas Pondillo, Charles Richards, Joseph Richards, Chris Ritter, Scott Rodgers, Marti Runyan, Mark Roberts, Richard Rouan, Ben Russo, Chuck Saulino, Mark Stilson, Carmel Scocca, Ellie Sullenberger, Chris Sultan, Greg VanSuch, Paula VanNest, Rita Varacali, Valerie Villani, Jodi Walters, Kathleen Wienand, Lilah Dovie, Todd Zamar, Skevos Zimbilas, **Mary, Help of the sick, pray for us! Please let us know when the person is well. Thanks be to God.**

### DAILY MORNING OFFERING PRAYER

Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month.

**SOCIAL FRIENDSHIP:** We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

### TREASURE CHEST RESERVATIONS FOR JULY 24, 2021

**Treasure Chest reservation cards and guest reservations** are required to be paid for in advance.

Thanking you in advance,  
Msgr. Michael J. Cariglio, Jr. & Mike Baca

### St. Anthony Shrine and Novena

#### **\$30.00 GIFT**

In memory of AL BACA by Norma  
In memory of ROSEANN BACA by Mom  
In memory of ROSE MARIE FIORE by Norma  
In memory of parents RED & VIRGINIA PALLANTE & SON,  
ANTHONY PALLANTE by Mr. & Mrs. Pallante Bury

#### **\$25.00 GIFT**

In memory of DON CHEFFO by Wife, Jackie  
In memory of GERI MARION by Husband & Sons

#### **\$20.00 GIFT**

In loving memory of MARY ANN PELLEGRINI by Cleto  
In memory of JOHN J. KUZMAN, JR. by Wife Colomba

Mr. & Mrs. Edward Carissimi  
Mr. and Mrs. Amico Colaizzi

Mr. Robert V. DiFabio

#### **\$15.00 GIFT**

In loving memory of my Husband, TOM CARAVELLA  
by Wife, Joanne

#### **\$10.00 GIFT**

In memory of FUMI & MARSCO FAMILIES  
by Anita & Nickie Marsco  
In loving memory of JACKIE OLSAVSKY by Craig Ziobert  
In memory of EUGENE TESTA by Wife

Mrs. Angelo Cercone

Mr. & Mrs. William D. DiFrangia

Mrs. Grace Ducay

Mr. & Mrs. James J. Fossesca

Mrs. Rose Marie Matasic

Mr. & Mrs. Leonard A. Perry

Sharon Quaranto

Ms. Lou Ann A. Renko

Mr. & Mrs. Robert Schulick

Mr. Scott R. Schulick

Mr. & Mrs. Thomas Struble

### Always Grateful for Service to God and the Faith Community.

I seize the opportunity to express my thanks for the many years of service to Our Lady of Mt. Carmel Basilica by Frank Frattaroli as the Chairperson for the Monthly Spaghetti Dinners. Frank is especially grateful to the many volunteers who were responded to his careful leadership. Frank, as you pass on your role as chairperson, I know that your sense of service to the Lord and the Blessed Mother will not be diluted in any way but rather manifest itself in other ways. Thank you as Pastor from the bottom of my heart.

I gratefully welcome Anthony Pondillo as the new chairperson for the monthly spaghetti dinners. He comes to us with a vast familiarity of the dynamics and is well versed in the role of leadership. Thank you, Anthony, for stepping up to the plate in this time of need. I am sure that the previous and new volunteers will welcome your careful leadership. Msgr. Cariglio.

**The first spaghetti dinner is scheduled for  
Sunday, September 12th from 11 a.m. - 4 p.n.**



**Birthdays for the week of July 18-24**

Mary DiLoreto, Maria Lazazzera, Gina Misel, Sandra Moore, nunzio Napolitano, Antonio Peachock, Joseph Nohra, Louis Porfilio, Darlene Sabo, Michelle Weimer, Alessandro Cutrona, Maura DiDomenico, Daniel Klase, Jr., Mario Leone, Joseph Mazzocca, John Wardle, Gianna Zorella, Katina Faunda, Sara McAllister, Vittorio Pecchia, Samuel Vinion, Lisa Antonelli, Harry Anzevino, Daniel Bako, Christopher Berardi, Carla Collins, Joseph Mancini, Ronald Miller, Jeffrey Powell, Corey Sabo, Alexander Welsh, Nicolina DiCoccio, Carla Mattiussi, Tara Onesti, Vincent Ricchiuti, David Tharp.



**ST. ANTHONY LIGHT: July 18-24**

In memory of TONY YORK

**BLESSED SACRAMENT LIGHT: July 18-24**

In memory of DOROTHY PIZZUTO (B) by Janet and Frank

**INFANT JESUS LIGHT: July 18-24**

In memory of JAMES & ELEANOR TAURO by Children & Grandchildren

**GUARDIAN ANGEL LIGHT: July 18-24**

In memory of GRACE F. & JAMES A. ORLANDO by Ron & Eddie DiBacco

**HOLY CROSS LIGHTS: Sunday, July 18**

In memory of JAMES & ELEANOR TAURO by Sandy & Natalie Trijeri

**INTERCESSION:**

That the Lord of the Harvest will provide an abundance of vocations to the priesthood and consecrated life in our diocese to help gather the wheat of souls into His barn,  
**We pray to the Lord. Lord hear our prayer.**

“He had compassion for them, because they were sheep without a shepherd.” Will you respond to the needs of Christ’s sheep as a priest, deacon or in the consecrated life? Contact Father Scott Kopp at 330-744-8451 or e-mail: [skopp@youngstowndiocese.org](mailto:skopp@youngstowndiocese.org).



**Craig’s Corner**

**A note from our Music Director**

Jesus as a shepherd. We are very familiar with this image of Christ in many icons and passages of the Gospel where Christ calls himself the Good Shepherd. This weekend, we hear Christ mentioned as a shepherd in the third person - coming from Mark telling us that the people who were coming to Christ as he was growing in popularity “for they were like sheep without a shepherd.” In Jeremiah’s prophecy in the first reading, the Lord tells him that a good shepherd is one who leads the sheep instead of scatter them; someone who comforts and does not lead the sheep into fear. As always in our readings, the first reading and gospel of every Sunday parallel each other.

It should come as no surprise that this weekend’s music centers on Christ as shepherd and how Christ comforts us and teaches us. Our opening hymn, centered on psalm 100, “All the Earth,” contains a verse specifically stating that we are the sheep of the green pasture, come into God’s presence singing for joy. Our psalm this weekend, the ever popular Psalm 23 psalm of comfort often done at funerals is a perfect commentary to today’s readings. The paraphrase of the psalm, “The King of Love” we sing at offertory this weekend reaffirming our need for a shepherd to guide us. This is also affirmed by our communion hymn, “With a Shepherd’s Care” which blends the theme of Christ as shepherd with that of our parents and guardians shepherding us through life when we are younger. Or perhaps we are the shepherds to children or those around us, too. If our lives are to imitate Christ, we should then be shepherds as well, taking in these hymns as prayers for our way of Christian living. The communion refrain is a good text to keep in mind through this week. Where Christ has gone as our shepherd, we now must take the reign to shepherd those around us:

“With a shepherd’s care, God leads us. With a father’s strength, God guides us. With a mother’s love God nurtures us and cradles us in gentle arms. When we are lost and cannot find the way, God cares for us and keeps us safe. For God is our light and our faithful guide, and leads us with a shepherd’s care. When we are weak and cares press all around, God strengthens us to face each day. For God is our rock and our saving help, and guides us with a father’s strength. When we are scared and feel so all alone, God loves us and is by our side. For God is our hope and our constant friend, and nurtures with a mother’s love.”

**Sixteenth Sunday in Ordinary Time**

Prelude: Sheep may Safely Grace – Johann Sebastian Bach

Postlude: Little Fugue in G Minor, BWV 578 – Johann Sebastian Bach

## SIXTEENTH SUNDAY IN ORDINARY TIME



### APOSTOLATE OF PERPETUAL ADORATION

This past year has presented many obstacles to the beautiful Apostolate of Perpetual Adoration which has been in effect at Our Lady of Mount Carmel Basilica for the past 27 years. As we enter our 28<sup>th</sup> year of Adoration of the Blessed Sacrament, we now have an abbreviated schedule for adoration. As we work to rebuild a full schedule of 24 hours a day 7 days a week, we need your help.

We wish to acknowledge all the steadfast, loving people who have dedicated hours praying and keeping company with Our Blessed Lord. As of April 11, 2021, Divine Mercy Sunday, we have resumed adoration.

We are inviting each of you to come spend one hour with Our Risen Lord truly present body, blood, soul and divinity. The King of the Universe is waiting for YOU! You may come at any time to adore our Lord, but the following hours need to be filled:

**Sunday: 4-5p.m., Sunday: 5-6 p.m., Monday, 3-4 p.m., Monday, 7-8 p.m., Tuesday, 11 a.m. - 12 p.m., Wednesday, 2-3 p.m., Thursday, 11 a.m. - 12 p.m., Thursday, 3p.m.- 4 p.m., Thursday, 5 p.m.. - 6 p.m.**

#### Our present schedule is:

Sunday 4pm-8pm  
Monday: 1pm-8pm  
Tuesday: 8am-8pm  
Wednesday: 1pm-8pm  
Thursday: 8am-8pm  
Friday: 1pm-4pm (Divine Mercy Devotion and Benediction at 3pm)

To schedule a time call, Jean Talley 330-758-3335 or

Maria Panozzo @ 330-372-5141.

### Legion of Mary

We would like to update our visitation list for all parishioner in our nursing homes, assisted living and homebound. We have lost so many this past year but we would like to start our visits again by the Legion members . Thank you for your help.

Sponsor of the week:

**Yurchyk & Davis CPAs, Inc.**

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### **STEWARDSHIP THOUGHT:**

“He said to them, “Come away by yourselves to a deserted place and rest a while.” Mark 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God everyday, how else will we know how He is calling us? Consider making a retreat this year, spend some “alone” time with God.



We welcome into the Catholic Family of Our Lady of Mt. Carmel Basilica, **CHARLOTTE MARIE RICCITELLI, GIANNA MARIE RICCITELLI**, daughters of Randy Riccitelli & Danielle Bako Riccitelli, **MAGUIRE OVERSTREET LINVILLE**, son of Nicholas Jack Linville & Tiffany Day Linville, **LARYNN GRACE KUTCHEL**, daughter of James Kutchel & Lisa Luchey Kutchel, **ROCHA MI-CHAEL LUCHEY**, son of Adam Luchey & Kristina Aalaan, who were born again of water and the Holy Spirit in the Sacrament of Baptism.

### Measure Up Campaign

Our Lady of Mt. Carmel and The Knights of Columbus Immacolata Council #15086 would like to thank the parishioners for their generous donations to the Measure Up Campaign. We raised **\$639** at the three Masses at the Basilica and an additional **\$157** from St. Anthony Church this past weekend. Thank you all for your generous support for the Developmentally Disabled in Ohio and specifically for those individuals being assisted at the Rich Center for Autism.



**REGISTRATION:** Members of the parish should be formally registered. If you are not receiving Our Lady of Mt. Carmel envelopes, please call the rectory Monday through Friday, 8:30 a.m.—2:00 p.m. For a change of address or telephone number, please call the rectory at 330-743-4144.

**3 Days of Italian Cultural Week**

**Is Happening This Year!**

Learn the Language, Music, Art, Food & Games and Saints (St. Anthony of Padua, Padre Pio and St. Catherine of Siena),

**When:** Tuesday, July 20th ~ Thursday, July 22nd

**Time:** 8:50am—1:pm

**Age/Grade:** Entering K—5th grade in 2021

**Jr. Assistant:** 6th—12th grade

(Begin to work on service hours for Confirmation)

**Registration:** \$15.00 before 14th. \$25.00 after the 14th. Registration forms available in the vestibule of the church or the main office of the parish (9—2).



**Interested in helping or have questions?**

Call or email Mrs. Leanna Pipala at the Religious Education office.

330-743-3508 ext. 121 or Email:

OLMCReligioudOffice@gmail.com



**Service Project for that week!**

Collecting non perishable Italian foods to donate to St. Vincent De-Paul Food Pantry

Everyone is invited to participate in our service project for the week.

Collecting non-perishable Italian Food



**Religious Education**

Main Number 330-743-3508 ex 121 Tuesday—Thursday

Email: OLMCReligiousEdOffice@gmail.com

Mrs. Leanna Pipala: Coordinator of Religious Education

Mrs. Paula VanNest: Office Assistant

Therese Ivanisin: Assistant Coordinator

Email: OLMCTherese@gmail.com

Continue to watch for update.

**OnLine Giving Available by WeShare**

Many thanks to those who have graciously registered to give through our parish online service with WeShare.



Questions or interested in donating electronically? Details can be found on the parish website www.olmcsta.com.

Click *Give Online* \*Choose a payment option and customize your donation using your debit card, credit card, checking or saving. Your choice: donate weekly, bi-weekly or monthly.

Thank you for your continuous support.

God Bless you.

**Baptisms**

Expecting or adopting a child? Please call the Religious Education office at least 2–3 months prior to your due date so we can schedule your child's Baptism. This will allow you time to attend a Baptism Prep class if needed. Choosing your child's Godparents is important. Extra time will give them time to return their necessary

paperwork.

Questions ? Call 330–743-3508 ext. 121



Our Lady of Mt. Carmel Basilica ~ St. Anthony of Padua Parish begins the 4th year of Family Catechesis.

\*\*\*\*\*

The program focuses on the K—12th grade youth, their parents and guardians. If you are new to the program call or email requesting a packet. Family registration packets will be mailed to families who have been part of the program. Guidelines for Reconciliation, Eucharist & Confirmation prepara-

tion will be included in the packet.

**\*\*Read through the entire packet to see changes & adjustments!**



**Contact information is changing for Religious Education.**

## SIXTEENTH SUNDAY IN ORDINARY TIME

# Good News

INSPIRATION FOR DAILY LIFE

### 16th Sunday of Ordinary Time

Jeremiah 23:1-6  
Psalm 23:1-6  
Ephesians 2:13-18  
Mark 6:30-34

**Monday, July 19**  
Exodus 14:5-18  
Ex 15:1b-6  
Matthew 12:38-42

**Tuesday, July 20**  
Exodus 14:21 -- 15:1  
Ex 15:8-10,12,17  
Matthew 12:46-50

**Wednesday, July 21**  
Exodus 16:1-5,9-15  
Ps 78:18-19,23-28  
Matthew 13:1-9

**Thursday, July 22**  
**St. Mary Magdalene**  
Exodus 19:1-2,9-11,16-20b  
Daniel 3:52-56  
John 20:1-2,11-18

**Friday, July 23**  
Exodus 20:1-17  
Ps 19:8-11  
Matthew 13:18-23

**Saturday, July 24**  
Exodus 24:3-8  
Ps 50:1b-2,5-6,14-15  
Matthew 13:24-30

Everyone in ministry feels overwhelmed by their calling from time to time. Whether it's the ministry of raising children, or caring for an elderly spouse or parent, or working a job in a way that reveals Christ, or volunteering at a church or pastoring a parish, it's necessary to take time out for ourselves – a vacation, a holiday – for nourishment and rest and recuperation. Jesus says so in today's Gospel reading.

If we don't obey this commandment, we become cranky. We make selfish or poor decisions. We become like the evil shepherds of the first reading, who misled and scattered those whom they were called to serve. Why? Because we become vulnerable to temptations when we try to give what we do not have.

It takes energy to reveal God's love. It takes energy to remain enthusiastic in serving others. But how can we get recharged with new energy if we don't take time to sit still, rest, and pray? How can we care about others when we don't take good care of ourselves? Jesus lives within us, but before we can give him to others, we must first let him give himself to us.

Daily we encounter people who are like sheep without a shepherd; they are seeking Jesus whether they realize it or not. They want the unconditional love that he

has to give. They want the healing and peace that he offers. He wants to help them, but if we who are his hands and feet and voice are too weak and worn out from our hardships, what then?



We need to go to a deserted place with Jesus and rest awhile in his nourishing love. If we go away on a retreat or vacation and come back to our work and ministries still cranky (i.e., if the people we shepherd wish we'd go take a longer trip), we haven't rested enough. We've cut short the restoration process. Never-mind the pile-up of workload. Jesus is inviting us to "Come away by yourself and rest awhile longer with Me until you become more like Me."

#### Reflect & Discuss:

1. What work of the Lord has become unhappy for you? What stole your joy? How can you get it back? (You might need a spiritual director to help you figure this out.)
2. What needs of yours must be met before you can feel enthusiastic about ministry? What will you do this week to let Jesus meet these needs?
3. Why do people neglect to give themselves enough time for rest and restoration?
4. What do you do to recharge your energy and restore Christian enthusiasm?

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[www.markthomasford.com](http://www.markthomasford.com)  
Steve Bott, Parishioner

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