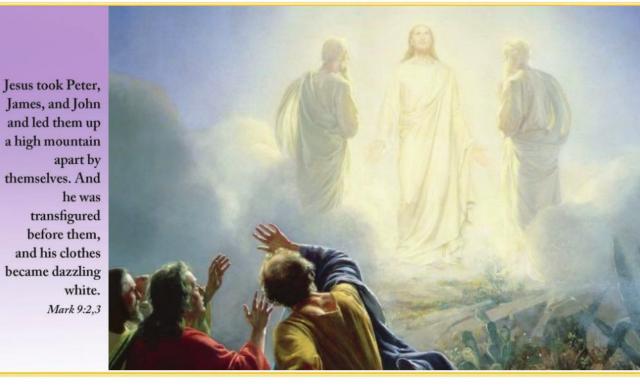


Our Lady of Mount Carmel Basilica – Saint Anthony Parish



2ND SUNDAY OF LENT • February 25, 2024





Our Lady of Mount Carmel Basilica

343 Via Mount Carmel, Youngstown, Ohio 44505 Ph. 330-743-4144 Saint Anthony of Padua Church

Visit Us ONLINE @ OLMCSTA.COM



1125 Turin Avenue, Youngstown, Ohio 44501 Mailing: P.O. Box 1256 • Ph. 330-744-5091

#### **Office Hours**

**Our Lady of Mount Carmel** ... *Monday-Friday* 8:30am - 3pm **Saint Anthony** ... *Mon. and Fri.* 8am - 2pm, *Wed.* 8am - Noon

#### **Parish Directory**

Pastor/Rector

Very Rev. Msgr. Michael J. Cariglio, Jr. .....(330) 743-4144

#### Permanent Deacons

#### **Office of Faith Formation**

#### **Our Lady of Mount Carmel Basilica**

Office & Rectory
Administrative Assistants
Mrs. Michele Berardioffice@olmcsta.com
Miss. Mary Rose
Mrs. Paula Van Nest
Mrs. Barbara McOwen
Fax
Social Hall Bookings

#### Saint Anthony of Padua Church

Office	(330) 744-5091
Administrative Assistant	
Mrs. June Lewis	.office@olmcsta.com
Fax	(330) 744-1407
Msgr. John DeMarinis Hall (New Bookings	s) (330) 744-5091

#### **Business Manager/Accounting**

Mr. John Didek, Jr
Director of Music
Mr. Nick Mattiussi
Parish Council
Chairperson, Mr. Louis Fusillo
Eucharistic Adoration Coordinators
Jean Talley

-		· · ·	
Maria Panozzo	 	(330)	) 372-5141

### **New Parishioners**

Welcome to our Parish! We hope you will find a warm and welcoming home here. To help us connect with you better, we invite you to formally register with our parish. Please call the parish office at 330-743-4144 or email office@olmcsta.com. Current parishioners are asked to notify us of a change of address or if you are moving out of our parish altogether.

#### Sacrament Information

#### BAPTISMS

Infant and child baptisms take place at Our Lady of Mount Carmel Basilica after the 11am Sunday Mass, and at St. Anthony of Padua after the 4pm Vigil Mass. Please call the Parish Office at 330-743-4144 to schedule the Baptism.

#### **Reconciliation/Confessions**

The Sacrament of Reconciliation is offered at Our Lady of Mt. Carmel Basilica every Saturday morning at 11am or by appointment.

#### **FIRST RECONCILIATION AND FIRST COMMUNION**

Children entering the second grade or older who were baptized as infants and have received two years of catechesis can celebrate their First Communion. Please contact Leanna Pipala at our Faith Formation Office for more information.

#### CONFIRMATION

Preparation takes place every other year for youth in the eighth and ninth grades, with the next year being 2024-2025.

#### Adult Confirmation

If you are an adult baptized Catholic who never had the opportunity to receive your Confirmation, or if you have adolescents at home who are of age and have not yet received the Sacrament, please contact our parish office.

#### SACRAMENT OF MARRIAGE

If you are planning to be married at Our Lady of Mt. Carmel Basilica or St. Anthony Church, please contact the parish office at least six months prior to your wedding date. If you and your spouse were married outside of the church, please contact the parish office about having your marriage validated.

#### **ANOINTING OF THE SICK**

If a member of your family is in the hospital or in a nursing home and is in need of either Anointing of the Sick or Communion, please call 330-743-4144.

#### **BECOMING CATHOLIC**

Becoming Catholic is one of life's most profound and joyous experiences. If you are interested in becoming Catholic or in learning more about the Catholic faith, please contact the parish office.

#### VISITS TO THE SICK AND HOMEBOUND

Our parish, through the Visitation of Mary Society, meets the Sacramental and spiritual needs of our homebound parishioners. If a member of your family would like to receive visits and have Holy Communion brought to them, please call 330-743-4144.



The parish has subscribed to the Catholic website: FORMED.org. The website has wonderful Catholic content for expanding our knowledge of our faith. Enjoy great Catholic videos, movies, articles, audio books and more. Sign up online, then download the app. Log in and explore at no cost to you when you sign up under our parish.

- 1. Visit www.formed.org.
- 2. Select Sign up as a parishioner.
- 3. Enter our parish's zip code: 44505
- 4. Create your account.

# This Week's Readings

**SUNDAY, FEBRUARY 25 2nd Sunday of Lent** Gn 22:1-2, 9a, 10-13, 15-18 Rom 8:31b-34 Mk 9:2-10

**MONDAY, FEBRUARY 26** Dn 9:4b-10 Lk 6:36-38

**TUESDAY, FEBRUARY 27** St. Gregory of Narek Is 1:10, 16-20 Mt 23:1-12

**WEDNESDAY, FEBRUARY 28** Jer 18:18-20 Mt 20:17-28

**THURSDAY, FEBRUARY 29** Jer 17:5-10 Lk 16:19-31

**FRIDAY, MARCH 1** Gn 37:3-4, 12-13a, 17b-28a Mt 21:33-43, 45-46

**SATURDAY, MARCH 2** Mi 7:14-15, 18-20 Lk 15:1-3, 11-32

**SUNDAY, MARCH 3 3rd Sunday of Lent** Ex 20:1-17 1 Cor 1:22-25 Jn 2:13-2

#### **POPE FRANCIS' INTENTIONS**

#### FOR THE MONTH OF FEBRUARY: For the terminally ill.

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

#### **DIOCESE OF YOUNGSTOWN'S**

#### **INTERCESSION FOR VOCATIONS:**

We pray that those the Lord is calling to be a priest or consecrated brother or sister will listen to Him, and proclaim His name.

# **Mass Intentions**

•	FEBRUARY 24	
12:00 PM	at Our Lady of Mt. Carmel	Grace Ducay (B) by Family
4:00 PM	at Saint Anthony	Joseph & Laura Cherol by Family
•	BRUARY 25: 2nd Sunday of Le	
9:00 AM	at Our Lady of Mt. Carmel	Sam & Rose DiBacco (A) by Ron & Edie DiBacco
11:00 AM	at Our Lady of Mt. Carmel	James Tauro (B) by Children & Grandchildren
Monday, F	ebruary 26	
12:00 PM	at Our Lady of Mt. Carmel	Catherine, Frank & Joseph C. Fusillo by Dolores Fusillo & Children
TUESDAY, F	<b>EBRUARY 27:</b> St. Gregory of Na	urek
12:00 PM	at Our Lady of Mt. Carmel	Earl D'Eramo (B) by Wife, Virginia D'Eramo
WEDNESDA	y, February 28	
12:00 PM	at Our Lady of Mt. Carmel	Eleanor DeLuco by Pat & Phil Butto
THURSDAY,	FEBRUARY 29	
12:00 PM	at Our Lady of Mt. Carmel	Luke & Leo Panozzo (Living) by Grandmother
<b>FRIDAY</b> , <b>M</b> A	ARCH 1: First Friday	
12:00 PM	at Our Lady of Mt. Carmel	James Hungerford (B) by Lori Hungerford & Jimmy
SATURDAY,	MARCH 2: First Saturday	•
12:00 PM	at Our Lady of Mt. Carmel	Angela DeTunno by daughter, Paula & Family
4:00 PM	at Saint Anthony	Patricia Novello by Family
SUNDAY, M	ARCH 3: 3rd Sunday of Lent	
9:00 AM	at Our Lady of Mt. Carmel	Good Family (A) by Walter & Tracy Good
11:00 AM	at Our Lady of Mt. Carmel	Philip Bernard (A) by Brenda Archer Knorr, sister

"We have to stop being afraid of pain and have faith. We have to love and not be afraid to change how we live, for fear it will cause us pain. Christ said, 'Blessed are the poor, for they shall inherit the earth.' So if you decide that it's time to change how you live, don't be afraid. He will be right there with you, helping you. That's all He's waiting for, that Christians should become Christians." CATHERINE DOHERTY

#### **MISSION STATEMENT**

To actively promote and live the Gospel of Jesus Christ.

In response to our Baptismal call, we are a People of God who witness to Christ in the world. We commit ourselves to remain faithful to the Magisterium of the Catholic Church and our call to the New Evangelization with the Blessed Virgin Mary, under the title of Our Lady of Mount Carmel, and St. Anthony of Padua as our patrons.

While primarily utilizing our rich Italian heritage, we integrate and embrace other cultural traditions as we minister to the community through prayer, catechesis, and stewardship by celebrating the Sacraments, proclaiming the Gospel, and performing the Spiritual and Corporal Works of Mercy with care and compassion for all.

Parish Council, May 14, 2019

## Mass and Candle **Intentions for 2024**

Masses and Candles are still available. Please phone, visit or email the Parish Office with your requests.

# **2023** Contribution **Statements**

To request a copy of your 2023 Contribution Statement, please phone the Parish Office at 330-743-4144 or email office@olmcsta.com. Contribution Statements will not be mailed out unless they are requested.

# Information for Bulletins

Please e-mail the parish office (office@olmcsta.com) at least two weeks in advance with information you would like included the bulletin.

## Livestreamed Masses

We live-stream the weekly 11:00 AM Sunday Mass on Youtube channel. our Search "Basilica of Our Lady of Mt. Carmel Youngstown" on youtube.com.

# Lost and Found

There is a Lost and Found box located in the Parish Office. Items will be kept for a reasonable amount of time before being passed on.

## Items in the Vestibule

The parish office is responsible for the stewardship of the Basilica's Vestibule. Before placing anything in the Vestibule to give away, it should first be approved by someone in the office.

# Along the WAY

Four years ago, our Catholic Bishops of the United States, desirous to awaken the faithful to the importance of the Sacrament of Reconciliation (Confession), began the practice of encouraging parishes throughout the country to participate in a national night of Reconciliation. A specific day and time is appointed for priests to be in church with the door open and the light on, inviting people to celebrate this Reconciliation. They called this night, "The Light is ON For You!" Once again, Our Lady of Mt. Carmel Basilica joins the Diocese of Youngstown and Dioceses throughout the country, on Wednesday, February 28, from 6:30pm to 8pm, opening its doors and "putting the light on for you" in welcome.

Over the years, I have heard people say, "We don't really have to go to Confession." The truth is, we do have to go to Confession, lest we forget that the Lord's mercy and forgiveness is there for us. I know some people say that they are angels - but even angels need their wings dusted from time to time! For your convenience and prayerful reflection, we have included in our bulletin this weekend an Examination of Conscience in preparation for this Wednesday's Evening of Reconciliation. There is also a beautiful pamphlet in the vestibule - How to Make a Good Confession - published by the Marian Press of Stockbridge, Mass. You can also do a simple search on the internet for Examination of Consciences that are specific to married people, children, young adults, etc.

In this Lenten season, take advantage of this moment of grace. It is for you from Jesus, and remember, the Light is on for you, are you go along the Way. .

Monsignor Michael J. Cariglio, Jr., Pastor and Rector



# Lenten Resources on FORMED

Sign up online, then download the app.

1. Visit www.formed.org. 3. Enter our Parish's zip code: 44505.

Log in and explore at no cost to you when you sign up under our parish. 2. Select Sign up as a parishioner. 4. Create your account.



#### Forgiven: The Transforming Power of Confession

Explore the grace and healing offered in Confession and see how this sacrament of mercy reveals the depth and bounty of God's love. By looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, Forgiven communicates God's invitation to each one of us to come experience his indescribable love in the Sacrament of Reconciliation.

#### Learn and pray with Brother Francis this Lent!

Daily Meditations (New This Year!) **4-part Lent Meditation Series** Let's Learn about Lent - A compact presentation on what Lent is all about.

The Stations of the Cross





## Living Lent as a Family (4-Part Series)

Have you ever wanted to live more liturgically but not known how? We want to help all families by providing these discussions on liturgical living during Lent to be a resource for the Domestic Church-the home. We pray that these discussions bless you and your family.

Part 1 - John and Mary Sehorn Part 3 - Bill and Lisa Patteron

Part 2 - Keenan and Bri Fitzpatrick Part 4 - Kevin and Lisa Cotter

# Our Lady of Mount Carmel Basilica Faithful Stewardship

Thank you to all who give so generously to support our parish and its mission.

#### SUNDAY, FEBRUARY 18, 2024

Total Sunday Collection	\$ 6,219.50
St. Anthony Shrine	\$ 225.00
Ash Wednesday	\$ 2,507.00



# Have you taken the Survey?

#### DISCIPLE MAKER INDEX

Help us serve you better. Take the 10-15 minute survey online or pick up a paper copy in the Vestibule.

Our Lady of Mt. Carmel Basilica: <u>https://portal.catholicleaders.org</u> /d/bb40yb (QR code - right)





St. Anthony Church: https://portal.catholicleaders.org /d/b56d85 (QR code - left)

## FIRST FRIDAY AND FIRST SATURDAY DEVOTIONS

Following the Noon Mass at Our Lady of Mt. Carmel Basilica

#### MOST SACRED HEART OF JESUS IMMACULATE HEART OF MARY

Reign in our hearts!



# This is my beloved Son. Listen to him.

SECOND SUNDAY OF LENT

# This Week at a Glance

### OUR LADY OF MOUNT CARMEL BASILICA

#### SUNDAY, FEBRUARY 25

10:00 AM Light of Faith & Family (Social Hall & JP2) After Masses Coffee & Donuts (SJH)

#### MONDAY, FEBRUARY 26

6:00 PM Festival Meeting (SJH)

#### **TUESDAY, FEBRUARY 27**

5:00 PM RCIA (JP2)

# 5:30 PM Friends of St. Martha (SJH & Basilica)

#### WEDNESDAY, FEBRUARY 28

11:30 AM	Stati	ions	of th	e Cross	(Basil	ica)
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- 6:30 PM The Light Is ON For You Evening of
- 8:00 PM Reconciliation (Basilica)

#### **FRIDAY, MARCH 1**

12:00 PM	First Friday Devotions after Noon Mass
3:00 PM	Hour of Divine Mercy with the Chaplet of
	the Divine Mercy, First Friday devotions, and
	Benediction (Basilica)
7:00 PM	Stations of the Cross (Basilica)

#### SATURDAY, MARCH 2

11:00 AM	Sacrament of Reconciliation
12:00 PM	First Saturday Devotions after Noon Mass
SUNDAY, MA	ARCH 3

12:00 PM Mothers of the Crucifix Meeting (SJI	H)
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#### ST. ANTHONY CHURCH

#### **FRIDAY, MARCH 1**

4PM-6PM Pasta Fagioli pick up

#### SATURDAY, MARCH 2

9AM-Noon Famous Brier Hill Pizza pick up

Liturgical Ministers & Volunteers for March 2 - 3				
MASS	ALTAR SERVERS	LECTORS	EXTRAORDINARY MINISTERS OF HOLY COMMUNION	FINANCIAL CLERKS
<b>4:00 PM</b> St. Anthony of Padua Church	Frank Anthony Nicholas Keish Christian Keish Joseph Meranto III	Nicole Anthony (1) Joseph Naples (2)	Christopher Anthony Deborah Duffy	Erich Kist Diane Kist Rick Cappellino
<b>9:00 AM</b> Our Lady of Mt. Carmel Basilica	Luciano Marsco Scott Cross Gianni Tocco	Ronald DiBacco (1) Scott Schulick (2)	Robert Giampetro Ramona DiSchiavo	
<b>11:00 AM</b> Our Lady of Mt. Carmel Basilica	Thomas Amon Nicholas Amon James Amon Joseph Amon	Julia Jones (1) Marie Belfast (2)	James Harrison Leanna Pipala Steven Pipala	Mike & Norma Baca Frank Mazzocca Troy & Christine Rhoades Phil Pillin

View the full schedule and request substitutes by logging onto <u>https://secure.rotundasoftware.com/30/web-</u> <u>terminal/login/olmcsta</u>. If you have any questions about Ministry Scheduler Pro, please contact the Parish Office.

#### St. Anthony Church Faithful Stewardship

Thank you to all who give so generously to support our parish and its mission.

#### WEEK OF FEBRUARY 17, 2024

Regularly Weekly	\$ 1,073.00
Candles	\$ 106.00
Pizza	\$ 756.00

# **Candles, Lights and Eternal Flames** for the Week of February 25 - March 2 **OUR LADY OF MOUNT CARMEL BASILICA**

#### SANCTUARY LIGHT

In memory of ANN MASTROPIETRO (B) by daughter, Cathy

#### SACRED HEART LIGHT

In memory of RALPH CARELLA JR. by Kathy Carella & Angie

#### **OUR LADY OF MT. CARMEL LIGHT**

In memory of ROSE DELSIGNORE by daughter Angela & Bill

#### ST. ANTHONY LIGHT

In memory of EARL DUCAY (B) by Family

#### **GUARDIAN ANGEL LIGHT**

In memory of MADELYN BRUDIS by the Mothers of the Crucifix Society

#### ST. ANTHONY CHURCH

# SORROWFUL MOTHER 'PIETA' CANDLE

Anonymous

#### ST. ROCCO CANDLE

Anonymous

# St. Anthony Shrine Offering at Our Lady of Mt. Carmel Basilica **FEBRUARY 18, 2024**

#### \$100.00 GIFT

#### \$10.00 GIFT

- In memory of Grace Ducay by Mr. Scott R. Schulick
- In memory of Eugene Testa by Mrs. Josephine Testa
- Mr. & Mrs. Amico Colaizzi
- Mr. Robert V. DiFabio
- Mr. & Mrs. Thomas Struble
- Mr. & Mrs. Robert Weimer

# \$25.00 GIFT

Mrs. Margaret Greco

#### \$20.00 GIFT

- In memory of Keith Rhoades by Mr. & Mrs. Troy & Christine Rhoades
- Ms. Ramona DiSchiavo

# Women's Catholic Collegiate Scholarship

The Youngstown Women's Catholic Collegiate is offering \$1000 scholarships to Catholic women in good standing (3.0 GPA or higher) entering their sophomore or junior year in 2024/2025. For more information and an application, call or text Marla Dull at 330-727-4449. Deadline is March 15, 2024.



# Birthdays for the Week of February 25 - March 2

Our Lady of Mt. Carmel Basilica: Robert Jones, Debbie Chufo, Ryan Goist, Deborah Kovacs, Carmi Olesky, Patricia Rossi, Angelina

Sorice, Nicholas Bellino, Raymond Domer, II, Tamara Leone, Alexis Mezakowski, Brian Pagano, Palma Vertucci, Lucia White, Timothy Cooper, Theresa DeCapua, Doria Furano, Barbara Gaudio, Phillip Butto III, Anthony Casacchia, Josephine Testa, Joyce Zarlenga, Robert Bruno, James DiCioccio, Concetta Frattaroli, Danielle Mordocco.

St. Anthony Church: Joseph Meranto, Roslyn Hudak

# Please remember in your prayers our parishioners who are ill, homebound, or in nursing homes:

#### **Our Lady of Mt. Carmel Basilica:**

Roberta Elmo Justine Antol Jennie Dundee John Mascardine Dean Traficant Anna DeLuco Dominic Tocco Dr. Mellie Espino Coleen Villone Anthony DeAscentis Anthony DeLuco **Dolores Fusillo** Joseph Tufaro Mary Tufaro Anita (Pangio) Palocyi

#### St. Anthony Church:

Sandra Ambrose Mary Frasco John Janacone Jake LaLama Jennie Marinelli Lucy Meso Jessica Meso **Tony Parish** Theresa Polovischak Frank Righetti **Bob Rimedio** 

Christa Pico Linda Herrock **Bob** Giampetro Ronald Pesa Louis Marinelli Joe DelSignore Michelle Smith Cindy Dikun Seth Ensign Carl Carbon Frank Napolitano Sarita Pace Andrea Kissinger

Christine Piccirillo

Frank Thomas Lee Thomas Anthony DelFratte Tom Menelle Maria Valley Mary Ann Vandetti Eleanor Smith **Bill Grove** Corina Garcia Rocco Adduci

## Our Lady, Help of the Sick, pray for us!

Names will be listed in the bulletin for three months unless otherwise requested. To be added or taken off our prayer list, please contact Michele Berardi at 330-743-4144.



#### **Congratulations!**

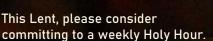
Congratulations to the children in our parish who made their First Reconciliation on Sunday, February 18 at Our Lady of Mt. Carmel Basilica. Listed in no particular order: Averie Davis, Harrison Kren, Milo McCormick, Emet Myers, Gemma Sebastiani, Bennett Smith, and Sophia Wolf. We also congratulate John Gennaro (not pictured), who made his First Reconciliation on Saturday, February 17 at St. Anthony Church.

Please keep these children in your prayers as they continue their preparations for First Communion, which will take place on May 19, 2024.

# Will you not stay with me one hour?

# Be one with Jesus in Eucharistic Adoration

Adoration is an intimate time of prayer before the Lord and a wonderful opportunity to spend time with Jesus present to us in the Blessed Sacrament. Our Lady of Mt. Carmel Basilica offers opportunities to spend time in Adoration every day of the week.



#### **NEW ADORERS ARE NEEDED**

Sun 5-8pm; Mon 4-6pm; Tues 9-10am, 1-3pm; 7-8pm; Wed 4-5pm, 7-8pm; Thurs 1-4pm, 7-8pm; Fri 1-2pm

#### **RECRUITING SUBSTITUTES**

Want to spend time in Adoration but can't commit to a regular hour every week? We are looking for volunteers who can substitute for others. Open hours will be communicated via text messaging.

#### FOR MORE INFORMATION

Contact Jean Talley, 330-758-3335, Maria Panozzo, 330-372-5141, or phone the Parish Office 330-743-4144.

#### **Responding to the Call to Continued Conversion**

On Sunday, February 18, we celebrated the Rite of Sending the Candidates for Recognition by the Bishop and For the Call to Continued Conversion for our two candidates who are preparing to receive their Confirmation and First Communion at the Easter Vigil: Kevin Mulholland (pictured right) and Riley Piver.



Kevin and Riley are among 161

men, women and children in the Diocese of Youngstown who are preparing to become members of the Catholic Church at Easter. 66 persons will receive the Sacraments of Baptism, Confirmation and Eucharist, and 95 people, who have already been baptized in other Christian traditions will make a profession of faith and receive the Sacraments of Confirmation and Eucharist.

Do you know someone who is interested in learning more about the Catholic Faith? Please encourage them to contact the Parish Office at 330-743-4144 to begin the journey of becoming Catholic.

# FAVORITE LENTEN RECIPE: Polenta Soup

#### FROM THE KITCHEN OF: Bonnie Wallis

#### Ingredients

- 3 Tbsp extra-virgin olive oil, plus more to serve
- 1/3 cup onions, chopped
- 2 medium cloves garlic, finely chopped
- 2 quarts of water
- 1 pkt of Chicken bouillon (accommodates 2 cups of hot water)
- 2 tsp kosher salt, plus more to taste
- 1 tsp freshly ground black pepper, plus more to taste
- ¾ cup coarse stoneground yellow cornmeal
- 2 bags spinach, chopped fine
- 1/2 container of cherry tomatoes, cut in half and roasted
- 1 (15.5-oz) can cannellini beans, rinsed and drained
- 4 oz Parmesan cheese, finely grated (2 cups), plus more for garnish

#### Preparation

In a large pot over medium, heat oil until shimmering. Add onion, garlic, salt and pepper. Cook, stirring, 3 minutes or until onion is translucent. Add 2 quarts water, chicken bouillon, then whisk in cornmeal; bring to a simmer. Reduce to low; cook, uncovered, 15 minutes, stirring occasionally and scraping bottom of pot to prevent sticking. Stir in spinach, tomatoes, and beans; cook, stirring, 5 minutes or until spinach and cornmeal are tender. Stir in Parmesan; season with salt and pepper. Serve with more cheese and drizzled with oil, if desired.



www.thelightison.org | #TheLightIsON

God never, ever tires of forgiving us! The problem is that we ourselves tire; we do not want to ask; we grow weary of asking for forgiveness. Let us never tire...! [God] is the loving Father who always pardons, who has that heart of mercy for us all.

Pope Francis, Angelus Address, St. Peter's Square, March 17, 2013

#### What Is Reconciliation?

When we sin, we hurt ourselves by wounding our relationships with God and our neighbors. In the Sacrament of Reconciliation (also known as Confession or Penance), God offers us forgiveness of our sins, and we accept and receive God's forgiveness by sincerely expressing our sorrow, by acknowledging and making reparation for our sins, and by resolving to do better in the future.

The Sacrament of Reconciliation has four parts:

• **Contrition:** A sincere sorrow for having offended God, and the most important act of the person confessing. There can be no forgiveness of sin if we do not have sorrow and a firm resolve not to repeat our sin.

• **Confession:** Naming our sins - aloud - to the priest, who represents Christ and the Church.

 Penance: The prayers - or sometimes, the good deeds - the priest gives, for our healing and the healing of those we have hurt by our sins.

• Absolution: The words the priest speaks by which "God, the Father of mercies" reconciles us to himself through his death and resurrection.

#### Going to Confession



- 1. The priest gives a blessing or greeting.
- Make the Sign of the Cross and say, "Bless me father, for I have sinned. My last confession was..." (give weeks, months, or years).
- 3. Confess all your sins to the priest.
- (If you are unsure or uneasy, tell him and ask for help.)
- 4. Say, "I am sorry for these and all my sins."
- 5. The priest gives a penance and offers advice to help you become a better Catholic.
- 6. Say an Act of Contrition, expressing your sorrow for your sins.
- 7. The priest, acting in the person of Christ, then absolves you from your sins.



Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

#### **Examination of Conscience**

Ask God to help you make a good confession. In quiet reflection ask yourself: Since my last confession...

- Did I pray to God, daily and from my heart?
- Did I live and witness to my Catholic faith, joyfully & courageously? Did I take God's name in vain? Did I curse anyone or make false oaths? Did I engage in superstitious or occult practices?
- Did I attend and participate actively at Mass on Sundays and holy days of obligation? Did I fast & abstain on prescribed days?
- Did I respect people in authority? My employer? Did I honor my parents?
- Was I violent or unnecessarily aggressive (e.g. physically, verbally, psychologically, etc.) with anyone?

- Was I prideful, stubborn, or rude with anyone? Did I hold a grudge?
- Did I abuse alcohol, prescription medications, or illegal drugs? Did I overindulge in food?
- Did I consent to, recommend, advise, or actively take part in an abortion? Did I use abortifacient drugs?
- Did I view pornography, entertain lustful thoughts, conversations or actions?
- Was I unloving to my spouse? Did I engage in adulterous activity (e.g. sexual, emotional, virtual, etc.)? Did I use contraceptives?
- Was I neglectful or the spiritual,

intellectual, emotional, physical needs of my spouse, children, or family?

- Did I steal or damage another person's property? Was I honest and just in my business relations? Did I waste time at work?
- Did I contribute to the needs of the spiritually and marginally poor with my time and resources?
- Did I engage in gossip? Did I lie? Did I speak poorly of others? Did I judge anyone unfairly?
- Did I envy anyone? Was I jealous of others or covet another's belongings?

# THEOLOGICAL EXPERT ON **RELIGIOUS DEMONOLOGY AND** EXORCISM:

# ADAM BLAI

# PRESENTS OUR CATHOLIC FAITH: The Best Defense Against the Demonic



# WED. MARCH 6 7PM TO 8:30PM OUR LADY OF MT. CARMEL BASILICA SOCIAL HALL

343 VIA MT. CARMEL, YOUNGSTOWN, OH

FREE WILL OFFERING - SECURE PARKING CHILDCARE AVAILABLE

RSVP BY MAR 1. CALL 330-743-3508 OR EMAIL OLMCReligiousEdOffice@gmail.com

Return the bottom portion of this form to the Parish Office or place in the collection basket.

**OUR CATHOLIC FAITH: The Best Defense Against the Demonic** 

Name(s): \_\_\_\_\_

Number of guests: \_\_\_\_\_\_ Number of children: \_\_\_\_\_

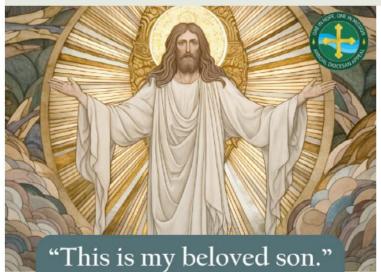
Phone Number: Email:

Our Lady of Mt. Carmel Basilica • 343 Xia Mt. Carmel, Youngstown OH 44505

# Diocese of Youngstown ANNUAL DIOCESAN APPEAL Caring for one another through our Ministries



# Help us reach our parish goal of \$81,000.00 by donating today



-Mark 9:7

As the second week of Lent begins, the Church invites us to contemplate the transfigured Jesus with Peter, James, and John: *"His clothes became dazzling white, such as no fuller on earth could bleach them"* (Mark 9:3).

Before he suffered his Passion, Jesus gave his three closest friends a glimpse into his glorified nature—a glimpse of where he could take them. God loves us where we are and loves us too much to leave us where we are.

We can radiate divine light like Jesus. When we receive Jesus into our hearts, he transfigures us. We can shine with his joy, love, and serenity. He wants to transfigure our whole parish! Please support our Annual Diocesan Appeal so we can have all the resources we need to shine the way He wishes us to, so we can reach all those He longs for in our community. *"I* 

will make you a light to the nations, that my salvation may reach to the ends of the earth" (Isaiah 49:6).



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