

# TRIDUUM OF PRAYER TO OUR LADY OF MOUNT CARMEL

“Flos  
Carmeli”



“Flower of  
Carmel”

## LET US PRAY:

**All:**

O Immaculate Virgin Mother / Our Lady of Mount Carmel / you seek to implant faith and devotion in your people / to the most Holy Trinity. Today as the Mother of Divine grace / open for us the treasure of heavenly mercy.

Look upon us your children / with the benign eyes of your Motherly love. Show us your love / for we need your help. As you have proven yourself to so many others / true Mother of mercy / so, be my Mother and hear my prayer / as I invoke you with my whole heart.

## TRIDUUM PRAYER

O Holy Mother / Queen of heaven and earth / daughter of our heavenly Father / Mother of the Divine Son / and spouse of the Most Holy Spirit, hear my petition which I so earnestly desire / in conformity with the divine plan – (Here, *silently* mention your petition.) I ask this of you / through your Immaculate Conception / your Divine Maternity / your many triumphant joys / and your many triumphant sufferings. I ask this of you / through the loving heart of your Son our Lord Jesus Christ / His bitter passion and death on a cross / His glorious resurrection and most holy name.

Gracious Lady – guiding star of humanity / Mother of every grace / in you I place my confidence / in you rests my hope. Take my prayer before the throne of the Almighty Father / and obtain for me the request I desire.

**Priest:** Holy Mother render us worthy to venerate you.  
**People:** Give us virtue against the enemy.  
**Priest:** Pray for us Our Lady of Mount Carmel.  
**People:** That we may be made worthy of the promises of Christ.

### FIRST DAY

Our Lady of Mount Carmel / we are awed by your Divine Motherhood. Our God so loved us / that He gave us His only Son / and His only Son, gave us / not only His very life, but His Mother / to be our Mother. Unworthy as I am in your sight, O Holy Mother / I trust in you and invoke you. I believe that those who honor you in life / will enjoy lasting peace. Then hear my prayer / and take up my cause. Amen.

### SECOND DAY

As we cannot turn our back / to the cry of our children / so Holy Mother you do not turn a deaf ear to our prayer. One glance from your eyes / one smile from your Motherly face / and the infant Jesus was secure in your love. Give to me / this security / so that I may endure the challenges of this life. Accompany me Mother / with the strength of your silent perseverance / and take my request before the Almighty Father. Secure in your protection and concern / I am confident in my prayer. Amen.

### THIRD DAY

#### Flower of Carmel

O most beautiful flower of Mount Carmel  
Fruitful Vine, Splendor of Heaven, blessed Mother  
of the Son of God, Immaculate Virgin, assist me  
in this necessity. O Star of the Sea, help me,  
and show me herein you are my Mother.

O Holy Mary, Mother of God, Queen of Heaven and  
Earth, I humbly beseech you from the bottom of  
my heart, to assist me in this necessity; there  
are none than can withstand your power. O show  
me herein you are my Mother.

O Mary conceived without sin pray for us who  
have recourse to you (3 times)

Holy Mother I place this request in your hands. (3 times)

## MEMORARE

Remember O most gracious Virgin Mary / that never was it known / that anyone who fled to your protection / implored your help / or sought your intercession / was left unaided. Inspired by this confidence / I fly unto you / O Virgin of Virgins, my Mother. To you I come / before you I kneel / sinful and sorrowful. O Mother of the Word incarnate despise not my petitions / but in your mercy hear and answer me. Amen.

### THE LITANY OF LORETTO OF THE BLESSED VIRGIN MARY

Lord, have mercy on us.	Spiritual vessel,
<i>Christ, have mercy on us.</i>	Vessel of honor,
Lord, have mercy on us.	Singular vessel of devotion,
Christ, hear us.	Mystical Rose,
<i>Christ, graciously hear us.</i>	Tower of David,
God the Father of Heaven,	Tower of ivory,
<i>have mercy on us.</i>	House of gold,
God the Son, Redeemer of the world,	Ark of the covenant,
<i>have mercy on us.</i>	Gate of heaven,
God, the Holy Ghost, <i>have mercy on us.</i>	Morning star,
Holy Trinity, one God,	Health of the sick,
<i>have mercy on us.</i>	Refuge of sinners,
Holy Mary, <i>pray for us,</i>	Comforter of the afflicted,
Holy Mother of God,*	Help of Christians,
Holy Virgin of virgins,	Queen of angels,
Mother of Christ,	Queen of patriarchs,
Mother of divine grace,	Queen of prophets,
Mother most pure,	Queen of apostles,
Mother most chaste,	Queen of martyrs,
Mother inviolate,	Queen of confessors,
Mother undefiled,	Queen of virgins,
Mother most amiable,	Queen of all saints,
Mother most admirable,	Queen conceived without original sin,
Mother of good counsel,	Queen of the most holy Rosary,
Mother of our Creator,	Queen assumed into heaven,
Mother of our Savior,	Queen of peace,
Virgin most prudent,	Lamb of God, who takes away the sins
Virgin most venerable,	of the works, <i>spare us, O Lord.</i>
Virgin most renowned,	Lamb of God, who takes away the sins
Virgin most powerful,	of the world,
Virgin most merciful,	<i>graciously hear us, O Lord.</i>
Virgin most faithful,	Lamb of God, who takes away the sins
Mirror of justice,	of the world, <i>have mercy on us.</i>
Seat of wisdom,	Christ, hear us.
Cause of our joy,	<i>Christ, graciously hear us.</i>

**Priest:** Pray for us, O Holy Mother of God.  
**People:** That we may be made worthy of the promises of Christ.

**Let us pray:**

**All:**

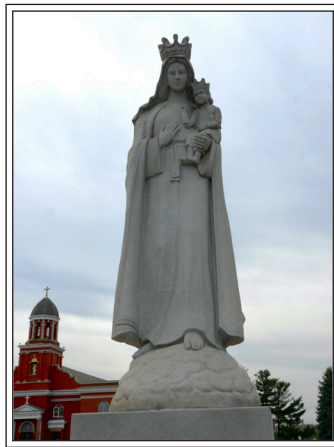
Grant, we beseech thee, O Lord God, to us thy servants, that we may evermore enjoy health of mind and body: and by the glorious intercession of blessed Mary, ever a Virgin, may be delivered from present sorrows, and enjoy everlasting gladness. Through Christ our Lord. Amen.

### **Stand for Closing Hymn**

#### **Immaculate Mary**

1. Immaculate Mary,  
Your praises we sing.  
You reign now in splendor  
with Jesus our King.  
Ave, Ave, Ave Maria!  
Ave, Ave, Maria!
2. In heaven the blessed  
Your glory proclaim.  
On earth we your children  
Invoke your sweet name.  
Ave, Ave, Ave Maria!  
Ave, Ave Maria!
3. E'l'ora piu bella  
che suona nel cor;  
che mite favella  
di pace d'amor.
4. Esalta l'Ancella  
del Grande Signor,  
La mistica Stella  
dell'almo splendor.

Ave, Ave! Ave, Maria!



**Our Lady of Mount Carmel Basilica  
Youngstown, Ohio**